





FEDERAZIONE ITALIANA SPORT ORIENTAMENTO

# **BULLETIN 3**

(updated on June 24<sup>th</sup>, 2024)



# **CANSIGLIO ORIENTEERING MEETING**

# I Edition 2024

# Foresta del Cansiglio, 28-30 June 2024











CANEVA



Polcenigo

Fregona



Comune di Tambre

1

# **GENERAL INFORMATION**

# **ORGANIZING COMMITEE**

- Event director: Edoardo Tona
- Technical director: Federico Venezian
- IOF Adviser (Stage 3): Janos Manarin
- Event office: Chiara Sanzovo
- Start: Mauro De Nadai
- Finish: Loris D'Errico
- Public relations: Ercole Pin

# PROGRAMME

Wednesday June 26th, 2024

• Open trainings

Thursday June 27th, 2024

- Open trainings
- 14.00 18.00 event office opens in Fregona

# Friday June 28th, 2024

- Stage 1: Shortened Long Vallorch
- 11.00 event office opens in arena Vallorch
- 13.00 first start
- 17.00 competition ends

# Saturday June 29th, 2024

- Stage 2: Middle Bus de la Lum
- 09.00 event office opens in arena Le Code
- 10.00 first start
- 13.30 competition ends

# Sunday June 30<sup>th</sup>, 2024

- Stage 3: Middle WRE Col Brombol Paradise
- 09.00 event office opens in arena Le Code
- 10.00 first start
- 13.30 prize giving ceremony

2026: see you at the second edition!





# **EVENT OFFICE**

On Thursday June 27<sup>th</sup> the event office will be located at <u>Centro Sociale Comunale Fregona</u>, <u>Piazza II Giugno 1</u>. On the competition days the event office will be at the competition site.



# **ENTRIES, PRICES AND DEADLINES**

Entry to all the 3 races

Deadline	MW10-MW12	MW13-MW20	over MW20	Direct
15/09/23	€ 25	€ 30	€ 60	€ 30
31/12/23	€ 25	€ 40	€ 70	€ 40
31/03/24	€ 25	€ 50	€ 80	€ 50
15/06/24	€ 25	€ 60	€ 90	€ 60

Entry to a single race

Deadline	MW10-MW12	MW13-MW20	over MW20	Direct
15/09/23	€ 10	€ 15	€ 25	€ 15
31/12/23	€ 10	€ 15	€ 25	€ 15
31/03/24	€ 10	€ 20	€ 30	€ 20
15/06/24	€ 10	€ 25	€ 35	€ 25

# Renting SI-Card: $\in 2 / stage$

To take advantage of the lower price, the payment must be done within the selected deadline.

The direct classes don't have the overall result, only a daily results, without prize giving. Entries on the direct classes are allowed on site too. For the Italians a valid medical certificate is required.

The classes W35 and W60 has been canceled due lack of entries.

#### **PAYMENTS**

The payments may be done in advance using a bank transfer to:

Orienteering Tarzo a.s.d. Indirizzo: Via Cesare Battisti, 12 - 31020 Tarzo (TV) IBAN: **IT18L0890462131008000008533** BIC/SWIFT: CCRTIT2TPRE

There is the possibility to pay with a credit card using <u>the following link</u>.

# **BIB NUMBERS**

Each competitor registered in advance will receive a bib number and a gadget. Please collect them at the event office (Thursday June 27<sup>th</sup> or at the race arenas). The start times will be indicated on the bib. Please write on the back of the bib your medication and relevant medical situations.

# **START LIST AND RESULTS**

The start lists and the results will be available at: liveresults.it/cansiglio2024

Free punching start (within 1h 30m of the first start) for MW10, Direct and Beginner classes.

# TIMING AND PUNCHING SYSTEM

Sportident with Air+ will be used as punching and timing system. Sportident classic punching can be used. There are no SIACs available for renting (only classical Sicards can be rented).

The control point code is only present on the Sportident stations. In the case of a nonfunctioning station, manual punching on your map is required.

# **CHANGE OF SICARD/SIAC**

Please notify the event office of any changes to your Sicard/SIAC, before of your start. The change is free of charge.

# **RECOMMENDATIONS FROM THE RACE DOCTOR**

If you regularly take medication or have any high-risk allergies (to medication or to insect bites), please inform the organization and take your life-saving medication with you during the race. On the back of the bib you may provide clinical information useful in case of rescue.

# **CAR PARK – MOTOR HOMES PARK**

The main parking is the same for all the stages and it's located on the main road: 46.058678, 12.399420. Please follow the instructions of the staff. Maximum walking distance to the arenas: 1,5km.

There is a motor home area (30 places, payment required, about 2,4km from the arenas 46.067012, 12.402792). It's forbidden to camp outside this area (car park can be used to park the motor homes but not to camp during the night).

# CAMPING

<u>Camping is forbidden throughout the Cansiglio Plateau.</u> The arena is fenced and will be closed outside the competition hours. The nearest camping site is located at the <u>Santa</u> <u>Croce's lake</u>. There is a motor home parking, about 2.4km from the arenas (<u>46.067012</u>, <u>12.402792</u>).



# WC

Toilets are located near the car park.

# **CONTROL DESCRIPTIONS**

Available at the start and on the map.

# TRAININGS

There are two trainings with flags available from Wednesday June 26th, afternoon.

- Long: car park at Malga Mezzomiglio (<u>46.094912, 12.368301</u>)
- Middle: car park at Picnic area Bus de la Lum (<u>46.060445, 12.410357</u>)

Maps are available as digitally raster file (free of charge) or at the event center for  $5 \in$  per printed map. Please book them using <u>the following link</u>.

Beware of road closure from Vittorio Veneto (Mon-Fri 8.30-17.30)! Read about that in the following pages.





# RACE AND EMBARGOED AREAS

Follow <u>this link</u>.

# WARNINGS FOR THE SAFE USE OF OUR STATE NATURE RESERVES

The race will take place within the forest reserve "Campo di Mezzo – Pian Parrocchia". Some recommendations from the forest management body "Raggruppamento Carabinieri Biodiversità":

Welcome! You are entering in a protected natural area. Help us preserve yourself and the environment. Pay attention to:



- presence of wildlife, without disturbing it
- all kinds of spontaneous flora and mushrooms, avoiding risks from thorn punctures and allergic reactions from urticant substances and inhalant agents
- dangerous trees with the risk of accidental falls of hanging branches or dry plants.

#### **FIRST AID**

There is the possibility to ask medical assistance at the finish, at the start or at the refreshment points in the forest. We would like to remind you that if you notice someone in need of assistance, you must stop your race and give aid.

#### WITHDRAWALS AND MAXIMUM TIME

Competitors wishing to withdraw must cross the finish line (to switch off their SIAC). The maximum time limit is 3 hours for the first stage and 2 hours for the second and third stages. After 3 and 2 hours respectively from the last start, the controls points will be collected.

# MAPS AFTER THE FINISH

Competitors are allowed to keep their map after the finish. We ask you to respect the principles of fair play and not to show the map to a competitor who has not yet started.

On the last day only the maps of the M21E and W21E classes (WRE race) will be collected by the finish staff, writing the bib number on the map.

#### **PRIZE GIVING CEREMONY**

At the end of the last competition day there will be a prize giving ceremony.

On the classes M21E and W21E will be awarded the first 6 positions on the sum of the times of the three races. Moreover, for these two classes there will be a prize for the first 6 positions on the last day results (WRE race).

On the classes MW10, MW12, MW14, MW16, MW18, MW20, MW21A, MW21B, M35, MW40, MW45, MW50, MW55, M60, MW65, MW70, MW75 will be awarded the first 3 positions on the sum of the time of the three races.

There will be no prizes for direct and beginner classes, except for those born after 01/01/2016 who will receive a participation medal. There will be a prize for the first three clubs.

# **REFRESHMENT AND CATERING IN THE ARENA**

On the first day there will 2 refreshment point for the longest classes. At the finish there will be a free refreshment with water, tea, biscuits, fruit.

On the first day it's possible to have lunch at the <u>"Rifugio Vallorch"</u> restaurant (in the arena).

On the second and third days there will be a catering service organized by the OrTarzo volunteers. It's possible to order and pay through the following site: <u>cansigli-o.it/lunch</u>

This method allows you to collect your meal by displaying the tickets on your smartphone screen.

The "Pastin" is a dish based on minced beef and pork, salted and spiced, like sausage. It is a typical dish of the Cansiglio area and is usually in the shape of a hamburger, making it perfect for a good sandwich! We recommend it!

Classic hamburger (beef only) and cheese sandwiches are also available. With your sandwich you can enjoy a beer and frech fries.

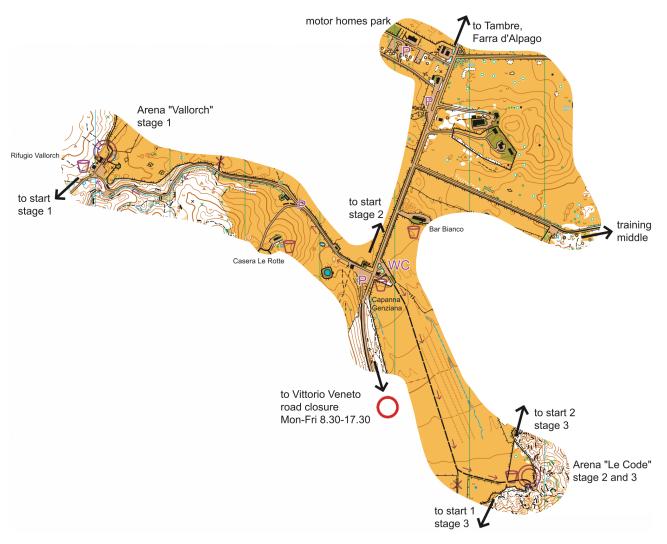


#### **GENERAL MAP**

Other than the catering points in the arenas we indicated with the refreshment symbol the restaurants in a walking distance from the car park.

During the weekends is recommended to book a table in advance:

"Rifugio Vallorch" - "Capanna La Genziana" - "Casera Le Rotte" - "Bar Bianco".



#### **MAP PRINTING**

All the race maps are printed in the format A4 using CMYK digital printing on synthetic paper (Agfa Synapse XM 110), there is no need for a plastic bag.

#### **CANSIGLIO MAP POSTER**

At the event office there is the possibility to buy  $(5 \in)$  a poster with the entire "Foresta del Cansiglio" map (scale 1:15.000, format A2: 420 x 594mm, offset printing).

#### **RACE JURY**

Race jury for all the competitions: Stefano Maddalena, Federica Anedda, Eddy Sandri.

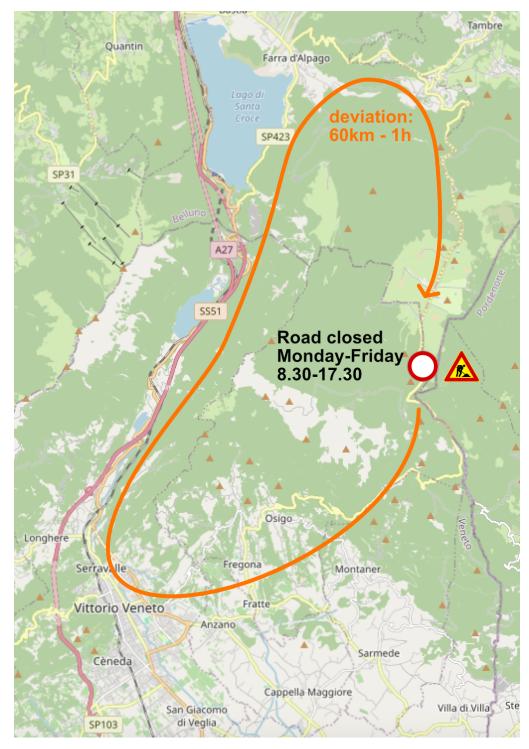
Reserves: Albino Moret, Francesco Guglielmetti

# **ROAD CLOSURE**

The road from Vittorio Veneto to the Cansiglio Forest is closed from <u>Monday to Friday from</u> 8.30 to 17.30. The alternative route is from the north (from Farra d'Alpago). The recommended exit from the highway A27 is "Fadalto – Lago di Santa Croce".

From the road closure (just 2 km before the Cansiglio pleateau) it's about 60km / 1 hour deviation. From the event centre it's about 40km / 45 min.

Please plan carefully how to get to trainings and the <u>Friday</u> competition. <u>On Saturday</u> and Sunday the road will be open (with a traffic light).



# **COURSES LENGHTS**

Courses lengths have been updated. Friday courses are slightly shorter.

	Long Friday 28/06		Middle Satur	rday 29/06	Middle Sunday 30/06	
Class	Lenght (km)	Climb (m)	Lenght (km)	Climb (m)	Lenght (km)	Climb (m)
ME	12,9	520	4,9	240	4,9	210
M10	1,9	30	1,2	55	1,6	70
M12	2,4	70	1,7	80	1,8	90
M14	3,9	100	2,2	100	2,1	100
M16	5,3	125	3,0	150	2,7	150
M18	7,3	340	3,8	175	3,3	175
M20	8,8	365	4,1	240	3,5	190
MA	8,8	365	4,1	240	3,5	190
MB	5,3	125	3,0	150	2,7	150
M35	11,0	400	4,2	230	3,7	165
M40	7,3	340	3,5	175	3,4	160
M45	6,1	240	3,5	160	3,2	150
M50	5,5	260	3,5	160	3,1	145
M55	5,3	200	3,0	155	2,9	145
M60	5,0	120	2,4	150	2,3	110
M65	5,0	120	2,4	150	2,3	110
M70	4,3	110	2,2	90	1,9	75
M75	4,3	110	2,2	90	1,9	75
WE	11,0	400	4,2	230	4,3	190
W10	1,9	30	1,2	55	1,6	70
W12	2,4	70	1,7	80	1,8	90
W14	3,9	100	2,2	100	2,1	100
W16	4,9	150	2,3	160	2,4	130
W18	5,5	260	3,3	160	3,0	130
W20	6,7	310	3,5	230	3,1	150
WA	6,7	310	3,5	230	3,1	150
WB	4,9	150	2,3	160	2,4	130
W40	5,8	210	3,1	150	3,1	145
W45	5,8	210	3,1	150	3,1	145
W50	5,5	150	2,6	120	2,9	140
W55	5,2	145	2,5	130	2,5	130
W60	4,5	115	2,2	100	1,8	100
W70	3,7	100	1,9	80	1,7	65
W75	3,7	100	1,9	80	1,7	65
BEGINNERS	1,9	25	1,2	55	1,6	70
EASY SHORT	2,9	60	1,7	80	2,0	105
EASY LONG	3,9	140	2,5	155	2,2	110
DIFFICULT SHORT	5,2	120	2,4	140	2,4	130
DIFFICULT LONG	6,7	200	3,1	180	2,7	160

# **STAGE 1 – SHORTENED LONG – VALLORCH**

#### MAP

"Foresta del Cansiglio – Vallorch"

Course setter: Jessica Lucchetta. Controller: Roland Pin.

Scale 1:15.000 for MW21E, MW20, MW21A, M35.

Scale 1:10.000 for the other classes.

Contour interval 5 m.

Extremely fast beech forest. Shoes with metal cleats recommended.

# **MAP EXCHANGE**

There will be a map exchange (second part printed on the back) for the class M21E.

Printed on the first part:

Printed on the second part:

З

. (	Con	tro	l de	esci	ript	ion	:
2	32						

# **ROAD CLOSURE**

The road from Vittorio Veneto to the Cansiglio Forest is closed from <u>Monday to Friday from</u> 8.30 to 17.30. Please read about it in the previous pages.

# ARENA

1

The arena is 1.4km + 65m (maximum) from the car park. The event office and the finish are in the arena.

# **START**

The start is 10 minutes away from the arena: 0.5km + 50m.

# REFRESHMENTS

With two refreshments: MW21E, M35, M20, M21A.

With one refreshment: M18, W20, W21A, M40.

# CATERING

It's possible to have lunch at the "Rifugio Vallorch" restaurant.



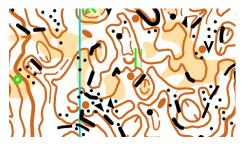
# STAGE 2 – MIDDLE – BUS DE LA LUM

#### MAP

"Foresta del Cansiglio – Bus de la Lum"

Course setter: Erik Nielsen. Controller: Federico Venezian.

Scale 1:7.500 for MW10, MW12, MW14, MW55, M60, MW65, MW70, MW75, Beginners, Easy Short, Easy Long, Difficult Short, Difficult Long.



Scale 1:10.000 for MW16, MW18, MW20, MW21E, MW21A, MW21B, M35, MW40, MW45, MW50.

Contour interval 5 m.

Very stony beech forest. Shoes with plastic cleats recommended.

# ARENA

The arena is 1.2km from the car park. The event office and the finish are in the arena.

The arena is surrounded by an electrified fence, so be careful and use the gates.

# **START**

The start is 2.4km + 10m away from the arena and 1.2km +10m far from the car park. Water will be available. A clothing transport service will be provided in case of bad weather.

# REFRESHMENTS

There will be no refreshments during the course.

# CATERING

Catering available in the arena. To order, click the following link: cansigli-o.it/lunch



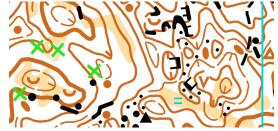
# **STAGE 3 – MIDDLE – COL BROMBOL PARADISE**

#### MAP

"Foresta del Cansiglio - Col Brombol Paradise"

Course setter: Federico Venezian. Controller: Erik Nielsen.

Scale 1:7500 for MW10, MW12, MW14, MW55, M60, MW65, MW70, MW75, Beginners, Easy Short, Easy Long, Difficult Short, Difficult Long.



Scale 1:10.000 for MW16, MW18, MW20, MW21E, MW21A, MW21B, M35, MW40, MW45, MW50.

Contour interval 5 m.

Very stony beech forest. Shoes with plastic cleats recommended.

# ARENA

The arena is 1.2km away from the car park. The event office and the finish are in the arena.

The arena is surrounded by an electrified fence, so be careful and use the gates.

# START

There are two starts.

**Start 1** (2.2km + 150m about 40 minutes): MW16, MW18, MW20, MW21E, MW21A, MW21B, M35, MW40, MW45, MW50. Water will be available. A clothing transport service will be provided in case of bad weather.

Start 2 (0.5km + 25m about 15 minutes): MW10, MW12, MW14, MW55, M60, MW65, MW70, MW75, Beginners, Easy Short, Easy Long, Difficult Short, Difficult Long.

#### WARM-UP

On the way to the Start 1 there is a warm-up map with some control flags.

#### REFRESHMENTS

There will be no refreshments during the course.

#### CATERING

Catering available in the arena. To order, click the following link: cansigli-o.it/lunch

